

## What to Expect

During your prenatal care you will have approximately **13 visits**.

These visits will entail:

- Checking your weight and blood pressure
- Urinalysis testing
- Listening to the fetal heart rate
- Measuring the growth of your baby
- Answering any questions you may have

You will be seen by the Nurse Practitioner, Yvonne Nyquist sometime between 24 and 35 weeks gestation. She will discuss educational topics including nutrition in pregnancy, labor processes and postpartum care.

You will have approximately **4 ultrasounds** during your pregnancy.

Time frame for ultrasounds:

- First visit to confirm pregnancy
- Nuchal translucency ultrasound at 12 weeks to 14 weeks (**optional**)
- Anatomy ultrasound between 18 to 20 weeks
- 37 weeks for presentation and size

Your nuchal translucency ultrasound and anatomy ultrasound will not be done by Dr. Conner. We will refer you to an outside facility for these ultrasounds. If you have PPO insurance, our in-house ultrasound technician can perform these. However, all HMO's must go to Magella.

- Any additional ultrasounds for your entertainment (including a 15-week gender scans) are also available for \$75.